

Slippery Slope — The New Age of Myth.

Before you start getting any permanent ideas about anything, consider the fact that they could be revoking the Sainthood of St Francis of Assisi for feeding the birds.

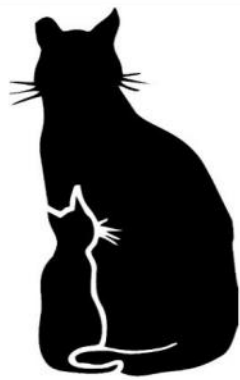
Two stories going here.

Number One. The latest from some provincial government sources is the illegalfication of feeding any wild animals. This includes birds at your feeder, chipmunks at your green bin and of course bears, anywhere. Nada, Zero.

Number Two. Since the logical extension of that is to stop encouraging well meaning monks to feed birds by conferring sainthood on them; Saint Francis would have to be stripped of his title.

These two stories collide somewhere between the realm of fake news and the belief that everything is Myth. It's a slippery slope that sets up social media to be the judge of reality through the sheer force and power of popular opinion. There is also no shortage of advertising dollars pouring in to mega news outlets to promote reality ambiguity.

The New Age of permanent Myth is upon us. Myth is the new reality and birds can expect a sparse winter



The Friends of Ferals is a Registered Society which aims to stop the suffering of feral cats. We trap ferals and have them spayed and neutered to prevent more unwanted kittens from facing a harsh and often brutal life. We also feed and house

where we can and socialize kittens when we can so they are adoptable. We have spayed and neutered more than 900 cats (and counting) from Bear River to Brier Island. Contact Susan at iamzuzanka@gmail.com if you need help or would like to donate.

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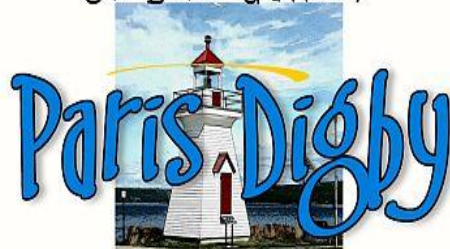
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Fear of Food

How it keeps us from eating well. As a recovering food hypochondriac I can come up with some pretty crazy fears. They are like unexpected bears and wolves in the woods when I'm in the wilds of The Super Store or Sobeys. I'm walking down the vegetable isle and WHAM!... cold sweat....racing pulse. "Is that cucumber from Guatemala?" "Did they put some kind of killer wax or preservative on it?" "Is it too green?" This is the kind of fear that can turn us away from a good food choice. Better Idea: Take that Cucumber, tomato or avocado home with you, wash it and "Just Eat It" with Joy. Don't give in to fear and end up straying down the processed food isles where the possibility of real preservative damage is lurking.

Happy Trail Mix,
Your faithful recovering
food Hypochondriac Ron
(As of today...this could be the truth.)
See Slippery Slope on opposite page



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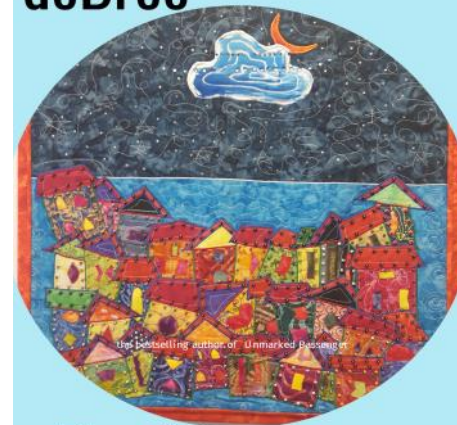
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